



**Hōhepa**  
every life fully lived

**COMMUNITY LIFE**

MAY 2024

*Meet the Hōhepa team*



## FROM OUR BOARD CHAIR Glenn Livingstone

Kia ora tatou e te whanau Hōhepa,

As we move deeper into autumn, we are reminded again of its beauty. Of course, the further we progress through these autumn months, the closer we get to winter - but that is a subject for another article!

All around us are vibrant reminders of this season: as I write this, I can see the red, orange and yellow leaves of one of our neighbour's trees hanging over our fence. It is remarkable how leaves make their transformation from green to these various colours. And while one widely understood interpretation of the leaves turning the colours they do is that they are dying, another is that they are in fact realising their true colours. What might look like leaves dying is in fact the process of leaves having their true colours revealed.

According to an article in an Arizona State University newsletter "In autumn when it starts to get cold, some plants stop making chlorophyll. Instead, those plants break down chlorophyll into smaller molecules. As chlorophyll goes away, other pigments start to show their colours. This is why leaves turn yellow or red in fall."

When it comes to autumn or any other season for that matter and the weather takes a turn for the cold, we might not welcome that. But world-renowned psychologist Carl Jung says that opposites serve to give us meaning and two sets of opposites particularly. In the seasons, we have two sets of opposites - autumn and spring, winter and summer. Imagine if every season was either spring or summer? We wouldn't appreciate them! We need them all, to give us meaning.

As we crank up the heat-pump, light the fire and draw the curtains a bit earlier each day, let's remember in the leaves we see out the windows our life-long task - our true colours being revealed, so to ensure "every life fully lived" - Hōhepa's vision.

*Glenn Livingstone*



# FOCUS ON: PEOPLE & CAPABILITY

Our new People and Capability Manager, Tracy Mannering, writes about Embracing the Hōhepa Way: Empowering Growth and Success through People and Capability

Stepping into the role of People and Capability Manager at Hōhepa has been a truly rewarding experience. In just a few weeks, it has become evident that Hōhepa's vision of "every life fully lived" is not just a statement but a deeply ingrained ethos that guides all our interactions and decisions. At the heart of everything we do lies a genuine commitment to the wellbeing of the people we support.

Hōhepa is more than just a workplace; it is a vibrant community where each individual plays a significant role in ensuring that every life is truly lived to its fullest potential. While our recent engagement survey indicated that an impressive 90% of respondents are proud to work at Hōhepa, we recognise the importance of offering tangible recognition for the dedication and hard work exhibited by our team members on a daily basis. Through open communication and feedback sessions with our teams, we are actively gathering valuable insights on how best to acknowledge and honour their valuable contributions.

We firmly believe that alongside recognition, investing in learning and development opportunities is paramount for fostering our team's growth and success. Our commitment to supporting team members in achieving NZ Certificate in Health and Wellbeing qualifications, as well as providing avenues for specialist training and development, not only enhances our team's skills but also empowers them to excel in their roles. We are dedicated to meeting with



*People and Capability Manager Tracy Mannering.*



members individually to discuss and tailor development opportunities that align with their professional goals and aspirations.

In the organisational development space, we are diligently working on establishing competency frameworks that are specifically tailored to the diverse roles within Hōhepa. These frameworks outline the essential skills, knowledge, and behaviours required for success in each position, offering clear guidance for team members on their expectations and requirements. Additionally, involving the people we support in our recruitment panels brings a fresh and valuable perspective to the selection process. This practice not only enriches the candidate experience but also underscores our commitment to inclusivity and valuing the diverse voices within our community.

Through our continued expansion of initiatives and resources in these key areas, we are creating a nurturing environment where our team members can flourish, learn and grow.



*Two of our Hōhepa Recruitment Interviewers, Carolyn Middleton and Michael Shaw.*



# MEET OUR TEAM

We believe in supporting people through opportunities for paid employment. Meet the people we support who work at Hōhepa.



## GEORGIA STRANGMAN

Hōhepa stock coordinator

Georgie has been our stock coordinator for Will&Able cleaning products for several months, a role she relishes. She's recently extended her hours as she now also returns empty bottles to the Will&Able warehouse to be reused.

She finds stocktake a lot of fun and enjoys making sure all the orders are correct and packing the orders. Georgie likes that she can talk to her one-on-one staff when she's working and that makes it more fun. Georgie likes things to be organised and in order so this is the perfect job for her!

Georgie goes swimming three times a week, as well as drama and dance with LEAP. She also loves spending time with her family and friends.

Georgie wanted to say that Will&Able products are awesome and she loves them with a passion! It's so easy for staff to order for themselves online ([Hōhepa staff order form](#)) or through the app ([Hōhepa staff app](#)). Everyone else please look for Will&Able products at your local supermarket or online ([Will&Able](#))

## ANDY SIMPSON

### Hōhepa Interviewer

Andy is on our recruitment panel, which is integral to deciding who is employed to work at Hōhepa. Andy enjoys joining Support Managers and our Recruitment Advisor to interview potential new staff. He has set questions to ask and discusses with them who he would recommend goes on to a second interview.

His favourite part of the job is meeting new people. He likes that he works at Hōhepa and has a lot of work colleagues he sees out and about.

Andy also helps support a deaf and non-verbal person at Hōhepa, after a staff member suggested to him that he would be great at this. He feels this experience helps him to relate to people he interviews, especially when he asks how they would relate to people who might not understand verbal communication.

When Andy's not busy working he takes part in lots of activities both with LEAP and independently, including swimming and badminton. He's also showing his artistic side by exhibiting three of his paintings in the Art and Sculpture Exhibition.



## BRITANEY MAXWELL

### Hōhepa Southern Courier

Britaney has been delivering Will&Able products and other supplies for about two months, as demand grows across our Hōhepa houses.

Her favourite part of her job is meeting new people. Britaney is very creative and also makes beautiful jewellery to sell. When she's not working she enjoys watching movies and spending time with her friends.







## STEPHANIE FAGG

### Hōhepa Courier

Steph has a very important role at Hōhepa, every Friday she delivers medication and other items to people we support. With over 50 houses across our two campuses and surrounding communities, this is a big job! Steph loves being able to see lots of different people on her rounds, and where they live.

As well as being one of our couriers, Steph also has a side hustle as a dog walker. Steph loves dogs and likes that she gets to exercise while earning some extra cash. Steph currently walks the dogs of several staff members and is always looking for more clients.

When she's not busy working Steph likes being at home and going on trips. She recently went to the West Coast and even caught up with Hōhepa's previous receptionist and all-round superstar Kara!

## KIERAN WRIGHT

### Hōhepa interviewer

Kieran has been on our recruitment interview panel for a few months and really likes talking with people about working at Hōhepa. One of his favourite questions is how interviewees would get along with people they will be supporting, something that is really important to us at Hōhepa! Kieran is saving up for an iPad or tablet with all his earnings.

When he's not working Kieran enjoys taking part in sporting groups at LEAP, and has become more confident on his bike since he's been taking part in the Cycle Safety group.







## KAYLA HOOD

### Hōhepa interviewer

We read about Kayla's job at Tip Top in our last Community Life, but she also finds time to be on our recruitment interview panel!

Kayla enjoys talking to new potential staff and asking important questions.

Kayla recently came into Hōhepa with a swag of first, second and third place ribbons. She won these swimming at Dudley Park in Rangiora. Her best events were 50m freestyle, relay, 25m backstroke and 25m freestyle. She's rightly very proud of her achievement, well done Kayla!

## MICHAEL SHAW

### Hōhepa interviewer

Michael is a key member of the Hōhepa interview panel and he also helps a lot at LEAP. He was recently involved with recruiting new staff to work at Daphne house.

Michael has been part of the Hōhepa community since the 1970s, when he moved from his family farm to join us.

Michael enjoys keeping fit with LEAP activities. Among his favourites are badminton, squash and any other sports he has the opportunity to play. He's hoping to secure some additional work to earn more money to add to his savings.







## CAROLYN MIDDLETON

### Hōhepa Interviewer

Carolyn is often upstairs in the Hōhepa administration block interviewing new staff members. She is also a huge help with other tasks around Hōhepa and has shown a real talent for public speaking. She has been helping the Community Engagement Manager Jacqueline with some speaking engagements and has been a real hit.

Carolyn's favourite LEAP activity is the Cafe Review. This term she's trying out the new cooking group on Thursdays, so we're expecting some lovely smells to emanate from the Artemis kitchen!

Carolyn is also exhibiting a piece of her art to sell at the Hōhepa Art and Sculpture Exhibition.

## CHRIS FARROW

### Hōhepa kitchen assistant

Chris has recently started as our office kitchen assistant and is in charge of making sure we have clean teatowels in the staffrooms and towels in the therapy rooms. He also empties the compost from the staffrooms into the compost heap onsite. Chris says he likes things to be clean and tidy, so this is the perfect job for him.

Chris' term 2 LEAP programme indicates his love of music. He's part of the choir, Hōhepa waiata group and joins in with music and movement on Friday afternoons. Among his favourite activities last term were table tennis and choir.

Chris also goes to church twice a week and enjoys living at Bev Morrissey with five others. It's great seeing you around the office Chris!





# HŌHEPA VOLUNTEERS

## Meet two of our amazing volunteers – Ngaio and Bevan

We love our Hōhepa volunteers! Volunteers are an important part of the Hōhepa community and develop treasured relationships with the people we support. We sat down with Ngaio and Bevan to talk about their experiences at Hōhepa.



*Ngaio taking care of the beautiful gardens at Gaia.*

LEAP Support Coordinator Paul tells us that Ngaio is a valuable asset to the team and does a wonderful job in the garden. Paul is responsible for the garden and Ngaio harvests the veges that we all enjoy, as well as helping keep the gardens looking amazing.

### **What drew you to Hōhepa Ngaio?**

Once I retired I was looking through volunteer positions and saw one for a gardener at Hōhepa. It seemed like something I would enjoy so I applied and love it at Gaia.

### **What motivates you to 'turn up'?**

I really enjoy seeing what everyone does and interacting with different people. I really enjoy the countryside as well as I live in the city.

### **What has been one of the highlights of your role?**

One of the highlights for me is to watch everything I've planted grow and then be able to pick the produce so others can enjoy it.

### **What do you do for fun?**

I love to learn new things, walking with friends, kayaking, hanging out with my family, grandkids and great grand kids, and travelling to new places.

### **If one of your friends or family said they wanted to volunteer here, what advice would you give them?**

I would encourage anyone if they can to volunteer it's good for your soul!





**What drew you to Hōhepa Bevan?**

My step sister was in care with IHC in the 70's for as long as I can remember. My parents taught us that Ruth's disability was something we understand and embrace as a family unit. I believe, from a child to adolescence, my relationship with Ruth has allowed me the space to connect with Hōhepa in my adult years.

**What do you do here?**

I am a one-on-one volunteer for Neil. Once a week (Sunday), Neil and I go on nature walks in different locations around Christchurch between 8am - 12pm.

**What motivates you to 'turn up'?**

My motivation is Neil's positive reaction to our connection. The real buzz is the feedback I receive from Neil's circle/community of positive behaviours displayed by Neil after returning from our nature walks.

**What has been one of the highlights of your role?**

The biggest highlight to date is when I arrive to find Neil all most jumping out of his skin with excitement and enthusiasm, eager for another Sunday morning adventure.

**What do you do for fun?**

My personal fun time is spent hiking in the back country or surfing, diving, anything to do with the outdoors.

**If one of your friends or family said they wanted to volunteer here, what advice would you give them?**

Understanding and encouragement, i.e. my daughter has recently started helping for a family of which one of their members has multiple sclerosis.



*Bevan out adventuring with Neil.*



# HŌHEPA HAPPENINGS

Here's a snapshot of some of our best events and experiences over the last three months.

With the changing of the seasons we celebrated our Autumn Festival at Gaia in Halswell. At the end of the festival this huge harvest was donated to 0800 Hungry.



The Silent Meal is always a beautiful occasion, and this year was no different. It was a really special evening of “heart nourishment” for our community. In essence, the Silent Meal is a way for all of us to expand our understanding of what Easter is about beyond chocolate eggs, through a unique experience co-created by everyone participating.



It was great to be invited to watch the Cashmere High School talent show recently. 24 year 12 and 13 Cashmere students regularly volunteer at Hōhepa so we're thrilled to be part of the same community.

To see more of what we're up to please follow our [Facebook](#) and [LinkedIn](#) pages.





# FOCUS ON: COMMUNITY ENGAGEMENT

Community Engagement Manager Jacqueline Campbell shares some things to celebrate and what's coming up.



*Community Engagement Manager  
Jacqueline Campbell*

My role is to promote Hōhepa and maximise engagement with the wider community. This includes fundraising to continue the things that make Hōhepa special like LEAP and music and art therapies.

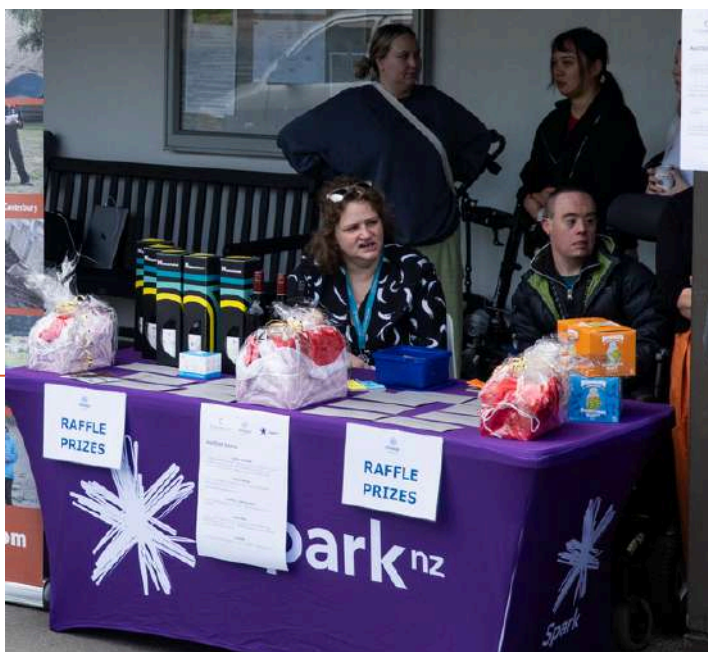
One of my highlights so far this year has been the successful Hōhepa golf tournament that has become a staple fundraiser for us. Our friends at Spark run this event with a little help from us, and our tournament in March raised even more than our inaugural event in 2023. This year we fundraised a whopping \$28,000 thanks to Spark, community minded sponsors and some very generous golfers. Shaun and Steph's raffle ticket selling skills alone brought in almost \$2000!

Our next big fundraiser is the Art and Sculpture Exhibition. You might have seen our billboard at the end of our drive in Barrington Street, and on the backs of most of our vehicles driving around town. We have over 100 pieces of art to sell from various remarkable artists, including some of our very own Hōhepa artists. Our guest artists are Ben Reid and Jacqui Gibbs Chamberlain who featured on Country Calendar earlier this year. There is some fabulous art for sale, and at least 30% of each sale is donated to Hōhepa. We'd love to see you there!



Also on the calendar is our next Variety Show, happening on site at Hōhepa on July 9th. We have a few people already preparing their performances to dazzle friends and whānau. I'm also looking forward to getting stuck in to organising our Families' Weekend which will take place in late September. This is a really fun time for people we support, whānau and staff to get together, and includes arguably our most attended event of the year, the Dine and Dance.

I'm continually blown away by the support of our grant funders, donors and volunteers. Thank you to everyone who supports Hōhepa through giving their time, energy and financial support. We always welcome donations, please email me at [jac.campbell@hohepacanterbury.com](mailto:jac.campbell@hohepacanterbury.com) or donate online at [www.hohepacanterbury.com](http://www.hohepacanterbury.com)



Images from the Hōhepa Golf fundraiser.



# Hōhepa Art and Sculpture Exhibition

Free admission  
18th - 19th May  
10am - 4pm

Hōhepa Hall  
23 Barrington Street

Tickets to opening night 17th May  
available to purchase at:

[www.hohepacanterbury.com](http://www.hohepacanterbury.com)



**Hōhepa**

every life fully lived

Featuring guest artists Ben Reid and  
Jacqui Gibbs Chamberlain.







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