



Hōhepa

every life fully lived

COMMUNITY LIFE

AUGUST 2024



Family Ties at Hōhepa



FROM OUR GENERAL MANAGER Arnah Trelease

Whānau inclusion was one of the aspects of Hōhepa that drew me to take up a role here. I remember in December 2015 coming to pre-meet the team and speaking to them about wanting to be somewhere that my children could visit and connect to - everyone was very encouraging that would be the case.

I did not foresee that in my nearly nine year tenure that all my whānau would be so connected. My husband has taken on temporary roles in Canterbury and Auckland, my two daughters and one fiancé have all worked here in direct support roles alongside their tertiary studies, my son has volunteered with the IT team on a few occasions and recently my aunty co-volunteered with me at the Art and Sculpture Exhibition. I know that these experiences continue to enhance other endeavours for each of my family members.

It does require living our organisational values through a different lens: acting with integrity in managing potential conflict of interest, ensuring connection is maintained at home and at work in a clearly defined ways that do not blur the lines and courage to be transparent and keep others feeling comfortable - most especially given my role at Hōhepa.

I like to share how many whānau connections we have here at Hōhepa when inducting new team members - I think it speaks highly of the organisation to want your whānau to be a part of it, and that we have so many instances where Hōhepa is a part of so many whānau ensuring their every life is fully lived.

I hope you enjoy reading this issue of Community Life, it's all about connection and I hope you will continue to connect with us.

Ngā mihi,

Arnah Trelease



FAMILY TIES

Meet some family members who are part of the Hōhepa community.

CARALYN BUNN AND SID STARR

Caralyn (left) works at Bev Morrissey and Sid works at McDougall.



Caralyn and Sid have been together for seven years and are star Support Coordinators with Hōhepa.

Support Manager Dianne Oliver kept telling Sid lovely stories about Hōhepa, with only mild exaggeration according to him. As a result, he applied to join us in April 2021, after ten years with NZCare Group (Healthcare NZ).

In September 2022, Caralyn succumbed to Dianne and Sid's urging and joined Hōhepa from Marralameda after a decade with NZCare.

Sid tells us that his motivation to work at Hōhepa was a long-felt desire to be part of a spiritual community. Caralyn's stems from more practical concerns but includes 'the feel' of the place and close-knit relationships with colleagues.

In the beginning, their workplaces were kilometres apart. Since the beginning of this year, the relocation of Sid's workplace, McDougall, has brought them within metres of Caralyn's Bev Morrissey. As Support Coordinators they are far too busy to communicate with each other, apart from quick texts or waves across the car park.

Both Sid and Caralyn love the people they support and realise that ethical walls for privacy reasons are necessary to keep them sane. With over twenty-five years' experience between them in the noble work of caring, they often find solutions in generalised sharing of work practices.



JASMINE IRVING AND LILY KAZAKOS

Jasmine (left) works at Uriel, and Lily works in Ahuru and LEAP.



Lily has been at Hōhepa for 2 and a half years and Jasmine started around 5 months ago.

Lily started working at Hōhepa after finishing their music degree. Lily recommended Hōhepa to Jasmine as she was looking for some part time hours to supplement her self employment (take a look at www.flowersbyjasmine.co.nz). Jasmine told us that Lily has really enjoyed working at Hōhepa and even helped Jasmine to look through the houses available to work in to find a right match for her.

Jasmine says that it's really fun being able to car pool to work and at the end of the day drive home and share stories about their day - there's never a dull moment at Hōhepa. It's also really cool seeing each other working in a professional setting. Lily is quite shy, but is very chatty and more outgoing at work which was a surprise to Jasmine.

MAGENTA WILDE AND CONOR MCDERMOTT

Magenta (right) and Conor both work as Support Coordinator Relievers.

Magenta tells us that Conor talked her into applying at Hōhepa because he said she'd love it, and she does! As relievers they both work at lots of different houses. Conor has been at Hōhepa for about a year and Magenta has been with us for just a couple of months.

Magenta's favourite story of her time at Hōhepa so far is when they went out to an open mic night with John Powe and Marshall. Martin and Vince brought them, and Sabina came along with Conor's mum Mary and brother Brendan. They were half the bar. Conor and Vince got up on stage and played a couple of songs each. Marshall wasn't ready to get on the stage, but he played sitting at the table and was really good. Brendan did the same. Everyone was super appreciative. One of the regulars was telling them how great they were and how lovely it was to have them there. It was a lovely night that they're hoping to repeat soon.



JOSIAH, ELI AND DONNA DAYO, AND OSKA WOFFENDEN

Josiah (pictured below) and his dad Eli are both Support Coordinators. Josiah's mum Donna and brother-in-law Oska Woffenden are also former Hōhepa employees.

Josiah's mum Donna was the first Dayo family member to work at Hōhepa and recommended it to him and Eli many years ago. She said it was a great place to work, rewarding and fulfilling and the pay was good. Eli started next saying the same thing, and during covid while Josiah was teaching music he saw on the news how many elderly people and people with disabilities were in need of staff during that difficult time.

Josiah had been teaching for 10 years and thought it was time for a career change so he asked his parents what they thought. They both recommended Hōhepa again saying the pay is good, the people they support are great, the experience is rewarding and full training would be given. He started in mid 2020 and then his brother in-law Oska started shortly after.

Eli and Josiah have been working at Hōhepa for 10 years and four years respectively. Donna was with Hōhepa for 8 years, and Oska for about 2 years before working at Skillwise. Eli is a Support Coordinator at Conifer and Eli works at Van Asch.

Josiah told us that before he started working at Hōhepa he taught a bit of music at Te Oranga which is a youth justice facility based in Shirley. He actually taught Zane some guitar, DJing and singing many years prior to being part of Hōhepa. He was surprised to see him during his first week during a buddy shift with Paris. Josiah recognised him immediately but wasn't sure if Zane remembered him right away. We're grateful for Josiah contributing his vast musical talents for our Variety Show at Cashmere High School last year and encouraging our promising Hōhepa musicians.





DEBBIE AND JANE BAILEY

Jane (left) and Debbie are sisters supported at Hōhepa.

Debbie and Jane are both very friendly and caring members of the Hōhepa community. They both live in Kaiwara and are active LEAP participants.

Debbie jokingly says that she likes how Jane is very quiet! She loves that she can spend lots of time with her sister and that they like doing similar things together. She thinks Jane is a lot of fun to be around.

Jane enjoys doing LEAP activities with Debbie, including going to the library together. She thinks it's great that they have lunch together almost every day and thinks Debbie is a great sister.

KAYLA AND BLAKE HOOD

Kayla (left) and Blake are siblings supported at Hōhepa.

Blake joined his sister Kayla at Hōhepa last year, and they have been living together until Kayla moved into her own place, Emerald, this week.

Kayla loves having Blake at Hōhepa and likes that he has freedom and opportunities to socialise. She likes to help him make his own decisions and encourages his independence.

Blake is happy his sister is at Hōhepa and enjoys hanging out with her. They share a lot of interests including swimming which they do as part of LEAP as well as independently. Blake also likes spending time window shopping at various malls around Christchurch and hanging out with his Hōhepa friends, including his girlfriend Carolyn.



ALLAN AND MARK MCKENZIE

Allan (pictured below left) and Mark are brothers and are both supported at Hōhepa.

Allan and Mark have been part of Hōhepa for about 20 years and are both very independent.

Like many siblings, they enjoy the time they spend together but have different interests which means they spend the majority of their time apart.

Mark enjoys a lot of sport as part of our LEAP programme. Tennis and basketball are his favourites, and he also likes volunteering with 0800 Hungry. He describes Allan as a good brother who looks out for other people around Hōhepa.

Allan is also a keen sportsman but prefers indoor bowls and cycling. Allan has been part of our Cycle Safety courses and cycles most places, including to Woolworths where he works two shifts each week. Both Allan and Mark were awarded pins for working at Woolworths for 20 years!



FOCUS ON: FINANCES

Finance Manager Mariska Jordaan gives us an overview of Hōhepa Canterbury's financial performance for the 2023-2024 fiscal year.



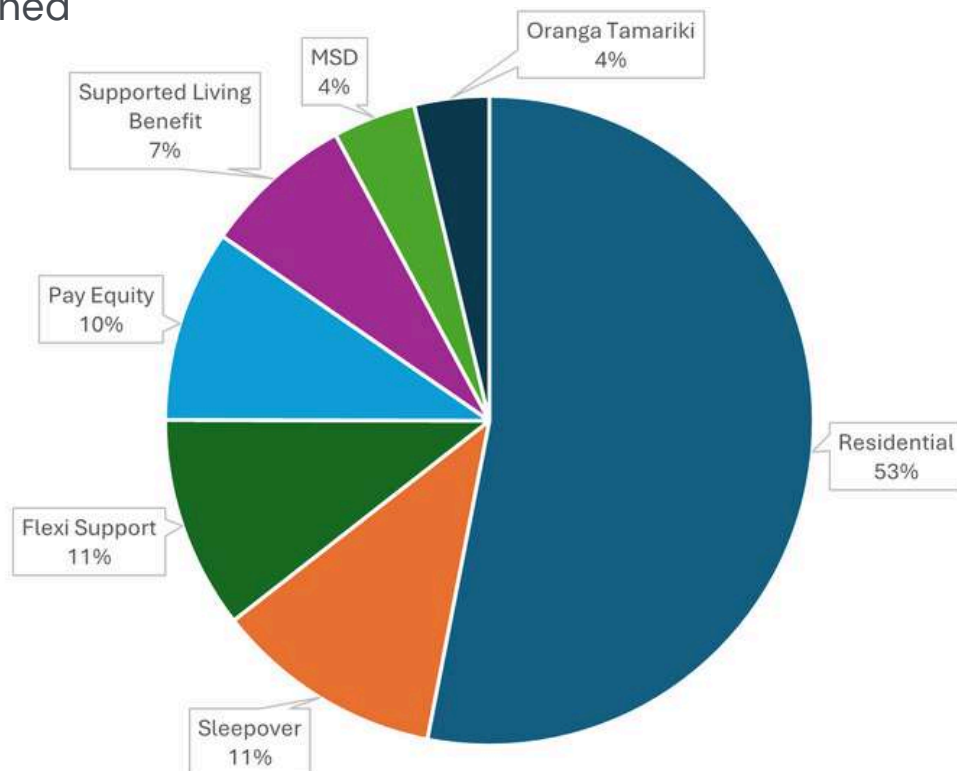
Finance Manager Mariska Jordaan.

The 2023-2024 financial year (ending 30th June) has been a good one for Hōhepa. Year to date Hōhepa Services Limited posted an operational surplus of \$137K against a budgeted operational loss of \$222K. Full year surplus was \$834K against a budget of \$86K. The overall surplus was due to the amazing work that Jacqueline Campbell (Community Engagement Manager) did in the fundraising space.

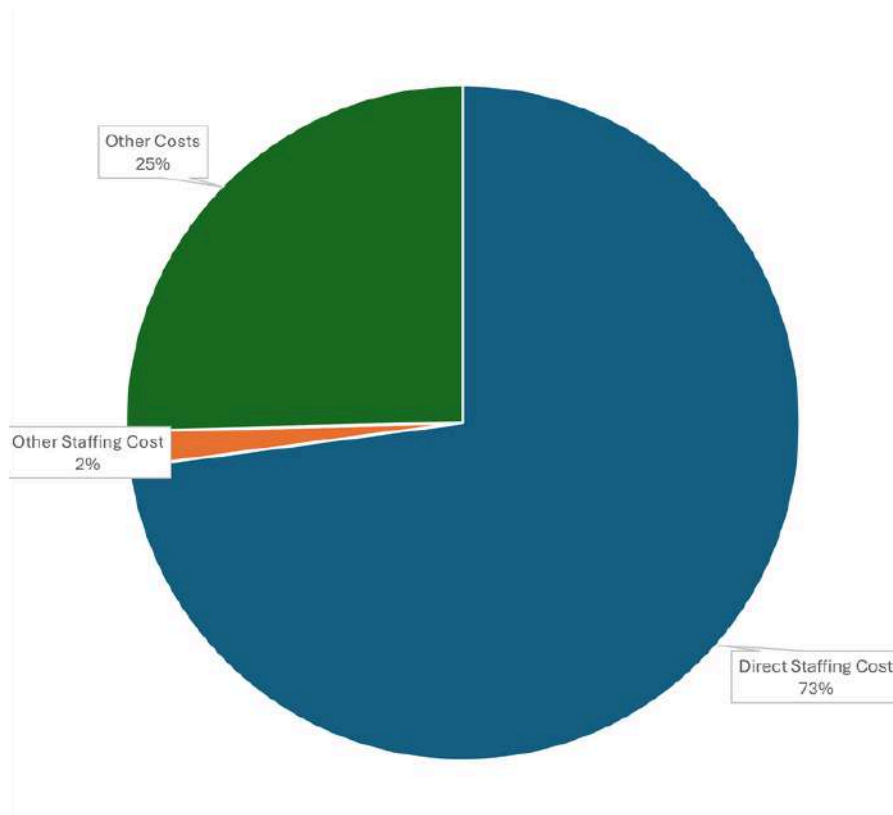
Labour remains our highest expense at 75% of our total expenses. Please take a look at the income and expenditure charts below.

2024-2025 is going to be a challenging financial year with a lot to understand around our newly established Ministry for Disabled People. The effect of the change in government can be felt everywhere and Hōhepa is not immune to this.

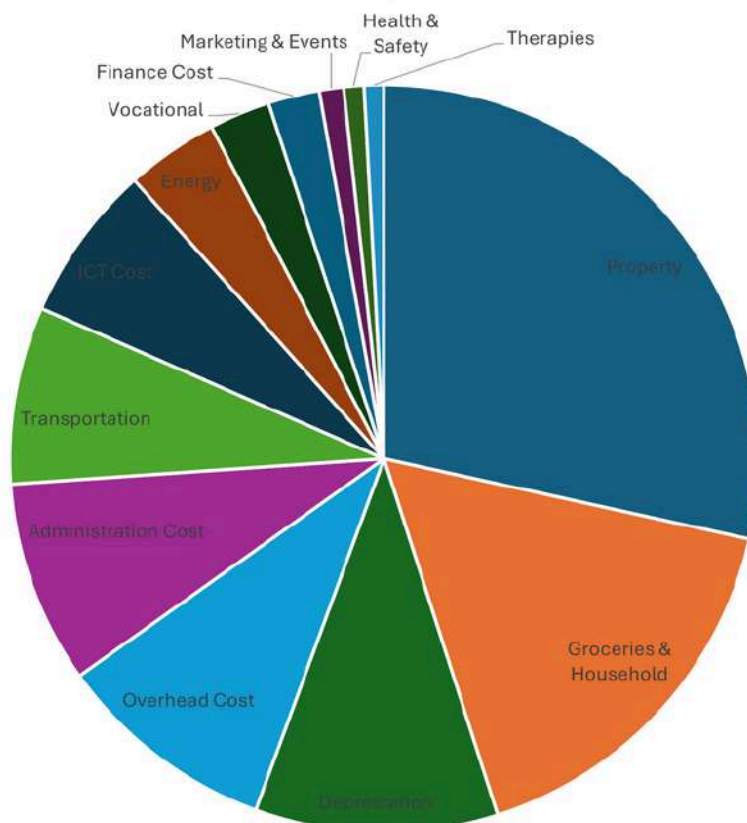
Income defined



Total expenses



Other expenses



INTRODUCING THE URBAN EDEN-HŌHEPA PARTNERSHIP

Urban Eden is thrilled to be partnering with Hōhepa Canterbury to offer work opportunities for people with disabilities.

The team at Urban Eden believe in the power of inclusivity and the positive impact of connecting people with nature. Through this partnership, they're not only enhancing their services but also contributing to the community by empowering individuals with disabilities.

Services available: weeding, planting and mowing.

Due to limited availability, pre-booking is essential! Urban Eden is now accepting pre-bookings for September 2024. Secure your spot today to make a difference while benefiting from top-notch service! Take a look at www.urbaneden.nz for more information or to reserve your spot!

MEET THE NEW URBAN EDEN GARDENERS



Zane Wilson

"I like being outside in the fresh air. I'm great at mowing and line trimming. I always like to make sure I do a good job."



Michael Shaw

"I enjoy weeding, mowing lawns, and planting all different kinds of trees. I also enjoy being outside, especially on a nice summer day!"



Kingsley Yorke

"I like mowing lawns, using different tools, and maintaining tools to make sure they are in good working condition."



Andy Simpson

"I like mowing lawns and being out in the fresh air on a nice day. I like seeing the progress of my work, from start to finish. I also like matching the different colours of flowers and plants while gardening."



urban eden



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HŌHEPA VOLUNTEERS

Meet two of our amazing volunteers – Wayne and Leilani

We love our Hōhepa volunteers! Volunteers are an important part of the Hōhepa community and develop treasured relationships with the people we support. We sat down with Wayne and Leilani to talk about their experiences at Hōhepa.



John (left) and his volunteer Wayne.

What drew you to Hōhepa Wayne?

I approached Volunteering Canterbury to find someone to help me with my project. Hōhepa was recommended to me as an organisation that has individuals with disabilities and so I was so greatly matched.

What do you do here?

I run a volunteer business collecting Pinecones and sell them to raise funds for Ronald McDonald House. Johnny helps me do this.

What motivates you to 'turn up'?

Once a week I have this great bond with Johnny who like myself looks forward to every Wednesday to come and help me.

What has been one of the highlights of your role?

One of my highlights is how this bond works so well between us both along with his willingness to get to do physical stuff and his natural sense of humour.

What do you do for fun?

I spend most of time helping in local communities keeping them safe or fundraising.

If one of your friends or family said they wanted to volunteer here, what advice would you give them?

If any of my friends or family have a caring nature like me and they could be a part of giving someone a good chance in life to be out in the community. A big heart goes a long way.

What drew you to Hōhepa Leilani?

I've always loved helping people. While working in hospitality for years, I had the pleasure of finding ways to make someone's day brighter and better, just by doing the smallest things. I recently had an injury that took me out of hospitality and made me think of what else I could do to help people. I saw an advertisement for Hōhepa and decided to volunteer. I'm extremely grateful for this opportunity, as it's been a mixture of two of my favorite things: being creative and helping others. Not only am I helping others, but everyone at Hōhepa is really bringing out the best in me.

What do you do here?

I started out supporting people in Ecocraft, Mindful Creations, and barista coffee in LEAP. Being creative and watching others express their creativity opened my mind a lot, with doing new projects and creations. I really enjoy drawing cartoon characters that resemble the residents. Their reactions are priceless! Doing barista work on Mondays, I took the opportunity to get to know everyone's names. I love helping everyone in Mindful Creations. Sometimes they help me as well, especially with puzzles!

I've recently been paired up with Elizabeth for one-on-one sessions. So far, we've made a fairy house for Ernle Clarke Reserve and always go on walks to the library. She was very quiet at first but soon opened up, and now she's a firecracker. Seeing her laugh and run out of LEAP for our walks brings me joy. She's also a professional at interviewing people - she can rapid-fire questions!

What motivates you to 'turn up'?

Oh boy, where do I start?! Hōhepa feels like a home to me, where I can be myself, express my silly sense of humour and my quirky side. Right when I walk in, there's smiles and everyone greets you. Who wouldn't want to start their day off like that! I'd say laughter and learning new things is what motivates me the most. There's never a day that I've been there that I haven't laughed with anyone. It makes my heart happy.

What has been one of the highlights of your role?

There're a few people supported at Hōhepa that have gotten comfortable around me and once they open up, I see a side that isn't shy or reserved, that's a highlight. One that stands out the most is when Marika placed her head on my shoulder, or held my hand and told me that she likes the colour pink. There's also the first couple of weeks doing barista with Carolyn and her running towards me right when I get out of the car, eager to start coffee! That always made me giggle!

What do you do for fun?

I feel that I have one too many hobbies sometimes! Anything that gets my creative juices flowing in my noggin. Drawing, painting, graphic design, music, playing guitar, singing. I enjoy aesthetically pleasing video games. I love going on walks and taking photos, mostly of flowers or trees.

If one of your friends or family said they wanted to volunteer here, what advice would you give them?

Definitely volunteer here; not only are you helping others, but they are helping you as well, possibly in ways you never thought possible.

Elizabeth and her volunteer Leilani.





HŌHEPA HAPPENINGS

Here's a snapshot of some of our best events and experiences over the last three months.

Matariki is a time to come together and celebrate, acknowledge the past, and look ahead to what the new year will bring. At Hōhepa we celebrated Matariki by first writing down a reflection, a wish, or a memory and then walked with our homemade lanterns to throw these thoughts into the firepit. We then enjoyed some music and singing in the hall to mark this occasion.



A very popular new event on our calendar every fortnight is our 'Pub and Pool hangouts' at Richmond Club. Everyone is welcome and it's a fun and social way to spend wintry Monday nights!



There was a lot of talent on show at our Variety Show! The Hōhepa Hall was at capacity as we were all entertained by singers, dancers and performers. Thank you everyone who took part and to the encouraging and appreciative audience.



To see more of what we're up to, please follow our [Facebook](#) and [LinkedIn](#) pages.





**FAMILIES' WEEKEND
DINE AND DANCE**



1920'S THEME

28TH SEPTEMBER 2024

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CARMEN ROAD, CHRISTCHURCH

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